

Write down all of your time commitments/activities (including outside school, appointments, dinner etc)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SCHOOL HOURS AM						AM	AM
SCHOOL HOURS PM						PM	PM
3.30pm – 4.30pm							
4.30pm - 5.30pm							
5.30pm - 6.30pm							
6.30pm – 7.30pm							
7.30pm – 8.30pm							
8.30pm – 9.30pm							
9.30pm – 10.30pm							