

AMANDA LECAUDE

Academic Life Coach, Organising Expert, Speaker, Writer and Educator

Amanda is an experienced academic life coach and organising expert who works closely with schools and students to ensure they are equipped with simple and effective organisational, time management and study skills, which are key to their success and enjoyment at school and in life.

She regularly speaks and conducts workshops for students from Year 6-12 and in particular with a focus on the transition of students between primary and secondary school. Amanda's workshops range from speaking to small and large student groups with the topics focusing on educating and providing students with practical tips and strategies to assist them with their academic lives.

Amanda also conducts a variety of workshops for both parents and teachers to ensure that they can both teach and support students in all areas of organisation, time management and study skills. Most recently Amanda has written and delivered a variety of lesson plans on these topics to provide consistent teaching by secondary schools across all year levels.

She is a regular speaker at a variety of conferences, workshops and panels and is becoming well known for her expert knowledge and experience in these key topics. Amanda's audiences, particularly parents, appreciate her content rich tips and strategies enabling them to be

better equipped to face the challenges they and their children confront today.

Amanda has authored two e-books supporting both students and parents in taking the leap to secondary school. She is a regular blogger and contributor of articles to a variety of websites and magazines.

As a mother of two sons, both at various stages of their education, she understands the importance of equipping students with these key skills as early as possible to assist them throughout their lives. Amanda is passionate about educating people of all ages and believes it is never too late to educate anyone to be better organised or to manage their time!

Amanda is a current member of the National Association of Productivity & Organizing Professionals.



“The study skills sessions facilitated by Amanda strive to build up positive learner attitudes towards working hard, but smart, by using various study skills and techniques - there are significant benefits for not only the students, but subsequently, for teachers as well.”

MEGAN RAWLINS, ASST PRINCIPAL,
MOUNT ALEXANDER COLLEGE

“It was great listening to you speak tonight - I thought the workshop was very informative and interesting and I have come home armed with a number to tips. My child also attended your session earlier in the day and is now feeling a lot more confident about transitioning to secondary school next year. I hope the school will continue to offer these workshops in the future.”

YEAR 6 PARENT,
CAMELOT RISE PRIMARY SCHOOL

“Thank you for the Yr 7 parent workshop which was fantastic - I have taken away lots of tips and information which I have started to reinforce at home with my son”

YEAR 7 PARENT,
ST BERNARD'S COLLEGE