

STUDENT & PARENT WORKSHOP

TAKING THE LEAP TO SECONDARY SCHOOL WORKSHOP

Making the process seamless and as easy as possible for your Year 6 child

Transitioning to secondary school is a significant event for students (and their families). It's a time of immense change in their physical, social and emotional wellbeing. On top of this comes the demand of adjusting to a secondary school environment including higher academic and organisation needs.

This workshop is aimed at providing students with the knowledge, tools and strategies to assist them to experience a smooth and successful transition. Students will be provided with many tips on how to cope with the move to secondary school so they can start preparing now and decrease any stress/anxiety they be feeling.

Topics to be covered include:

- organisation and time management
- feelings and expectations
- the importance of a diary/planner and time management
- what students need to organise in their academic lives
- key differences at secondary school
- having an effective study area
- friendships and tips on making new friends

FACILITATOR Amanda Lecaude, Academic Life Coach



**WHAT STUDENTS
NEED TO KNOW AND
HOW TO SUPPORT
YOUR CHILD**

WHO	Year 6 students and parents
WHEN	Wednesday 16 October 2019 7.00pm for a 7.15pm start (the workshop will finish by 8.45pm)
WHERE	The Huddle North Melbourne Football Club 204-206 Arden Street North Melbourne
COST	\$57 per student (inc 1 parent)



**organising
students**

BOOK YOUR SPOT TODAY AT
takingtheleaptosecondaryschool.eventbrite.com.au