

# SUCCESS AS A SENIOR STUDENT

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- Are you a Year 10-12 student in 2022?
- Do you want to be more organised and manage your time better?
- Do you want to learn and improve your skills around how to study, revise and prepare for tests, SAC's, assessments and exams?
- Do you need assistance with feelings of anxiety, stress or overwhelm when it comes to your studies?

If you answered 'YES' to any of the above then this workshop is for you. I regularly get asked to run such a workshop so here it is!

As a student in the senior years at secondary school it is important to understand how to face the increased study challenges and workload. You need to understand how to equip yourself with the right tools and strategies to succeed at both school and in life.

Topics to be covered include:

- how to set goals
- organisation and time management
- establish plans and routines
- procrastination, staying motivated and avoiding distractions
- understand how you learn and how this links to revision
- understand how to take notes and revise
- active vs passive study strategies
- how to prepare for exams as you go throughout the year

**FACILITATOR** Amanda Lecaude, Academic Life Coach



Learning to  
**STUDY  
SMARTER**

**NOT  
HARDER**

## **Skills & Strategies For Study & Life**

**Thursday 17 February 2022  
7.00pm start**

**Cost: \$67 per student**

This webinar will go for just over an hour and will be recorded in case you can't make it live.

[CLICK HERE TO REGISTER](#)